



# RS End of Season Regatta November 2<sup>nd</sup> and 3<sup>rd</sup> 2019

Organising Authority: RS Class Association with Rutland Sailing Club  
Venue: Rutland SC, Edith Weston, Rutland, LE15 8HJ - 01780 720292 -  
[www.rutlandsailingclub.co.uk](http://www.rutlandsailingclub.co.uk)

## EVENT SAILING INSTRUCTIONS

### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* and the rules of the competing classes. If there is a conflict between the class rules and these Sailing Instructions, these Sailing Instructions will take precedence.
- 1.2 Competitors should note that the host sailing club implements the RYA Racing Charter and that they will be required to undertake to sail in compliance with the Charter, which can be found at the front of the RYA rule book (Racing Rules of Sailing 2017-2020), or at <http://www.rya.org.uk/racing/Pages/RacingCharter.aspx>.

### 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located in the Wet Bar in the clubhouse.
- 2.2 The Race Office will be the club reception and club office

### 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted on the Official Notice Board before the briefing on that day. However, any change to the schedule of races will be posted by 19:00 on the day before it will take effect.

### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the masts outside the race hut situated on the club balcony.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

	Saturday	Sunday																		
<b>5</b>	<b>SCHEDULE OF RACES</b>																			
5.1	A pursuit race is scheduled on Saturday as follows: Briefing: 12:00 in the wet bar Pursuit Race: First start: 13:00	Class racing is scheduled on Sunday as follows: Briefing: 09:30 in the wet bar Race 1: First warning: 10:30 Races 2 and 3: Back to back																		
5.2	To alert boats that the Pursuit Race will begin soon, an orange flag will be displayed (with one sound signal) at least five minutes before the first start.	To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed (with one sound) at least five minutes before the Warning Signal is made.																		
<b>6</b>	<b>CLASS FLAGS</b>																			
6.1	Class flags will not be used in the Pursuit Race.	Class flags will be: <table border="1" style="margin-left: 20px;"> <thead> <tr> <th>Class</th> <th>Flag</th> </tr> </thead> <tbody> <tr> <td>RS100</td> <td>Red Flag with black RS100</td> </tr> <tr> <td>RS200</td> <td>Yellow Flag with black RS200</td> </tr> <tr> <td>RS300</td> <td>Light blue Flag with black RS300</td> </tr> <tr> <td>RS400</td> <td>Violet Flag with black RS400</td> </tr> <tr> <td>RS500</td> <td>Green Flag with black RS500</td> </tr> <tr> <td>RS600</td> <td>Pink Flag with black RS600</td> </tr> <tr> <td>RS800</td> <td>White Flag with black RS800</td> </tr> <tr> <td>RS Vareo</td> <td>White Flag with pink RS Vareo</td> </tr> </tbody> </table>	Class	Flag	RS100	Red Flag with black RS100	RS200	Yellow Flag with black RS200	RS300	Light blue Flag with black RS300	RS400	Violet Flag with black RS400	RS500	Green Flag with black RS500	RS600	Pink Flag with black RS600	RS800	White Flag with black RS800	RS Vareo	White Flag with pink RS Vareo
Class	Flag																			
RS100	Red Flag with black RS100																			
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RS600	Pink Flag with black RS600																			
RS800	White Flag with black RS800																			
RS Vareo	White Flag with pink RS Vareo																			
<b>7</b>	<b>RACING AREAS</b>																			
7.1	The race area may encompass any part of Rutland Water, within the limits of sailing.	The racing areas will be shown on the Official Notice Board at least one hour before the start of racing and may be described at the briefing.																		
<b>8</b>	<b>THE COURSES</b>																			
8.1	The course diagram will be displayed on the Official Notice	The diagrams in the Annex show the courses, including																		

	Saturday	Sunday
	Board at least one hour before the race. Copies will be available at the briefing. All boats will sail on the same course. There will be no limit to the number of laps to be sailed. The duration of the race will be two hours.	the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. There will be two course areas, with Single-Handed Dinghies sailing on one course and Double-Handed Dinghies on the other. Course areas will be advised on the Official Notice Board and at the briefing.
8.2	A lead boat displaying a large Flag 'L' may drive in front of the leading competitor to indicate the position of the next mark.	No later than the Warning Signal, the Race Committee boat will display the course to be used for each class. The Race Committee boat may also display the approximate compass bearing of the first leg.
<b>9</b>	<b>MARKS</b>	
9.1	Marks will be Rutland Sailing Club racing marks and/or yellow or black spheroidal buoys.	Marks will be; Single-handed course      Black spheroidal buoys Double-handed course      Yellow spheroidal buoys
9.2	The starting marks will be a Race Committee boat at the starboard end and a dan-buoy at the port end. See Instruction 15 (The Finish) for finishing marks.	The starting and finishing marks will be a Race Committee boat and a dan-buoy.

## 10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The 'RUTLAND BELLE' (a pleasure motor cruiser), water towers, launching platforms and the no-sailing zones at the western ends of the northern and southern arms are designated as obstructions; competitors shall give reasonable clearance.
- 10.2 Competitors shall give a clearance of at least 40 metres from anglers who are fishing whether in drifting fishing boats or on the shore.
- 10.3 Competitors shall not sail through the moorings in the East and West Creeks.

	Saturday	Sunday																	
<b>11</b>	<b>THE START</b>																		
11.1	Rule 26 is amended as below.  Classes shall be started by using the signals shown in SI 11.2. There will be one sound signal each minute, on the minute, from the first start until all the boats have started. Times shall be taken from the sound signals, not the visual signals.	Races will be started using RRS 26 with the Warning Signal made 3 minutes before the Starting Signal (i.e. 3, 2, 1, GO).																	
11.2	The first class to start (i.e. the RS Vareo class) will be started using RRS 26 with the Warning Signal made 3 minutes before the Start (i.e. 3, 2, 1, GO). The Warning Signal will be a RED flag and the Preparatory Signal Flag P.  Subsequent starts will be controlled by a large digital race timing clock mounted on the Committee Boat. This digital clock will start to count up in hours:minutes:seconds from <b>00:00:00</b> from the time of the first start. Competitors shall not start before the clock displays the starting time corresponding to the class of their boat shown below.  <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>Class</th> <th>Starting Time</th> </tr> </thead> <tbody> <tr> <td>RS Vareo</td> <td>0 minutes</td> </tr> <tr> <td>RS 200</td> <td>5 minutes</td> </tr> <tr> <td>RS 100</td> <td>10 minutes</td> </tr> <tr> <td>RS 300</td> <td rowspan="2">14 minutes</td> </tr> <tr> <td>RS 500</td> </tr> <tr> <td>RS 400</td> <td>17 minutes</td> </tr> <tr> <td>RS 600</td> <td>19 minutes</td> </tr> <tr> <td>RS 800</td> <td>32 minutes</td> </tr> </tbody> </table>	Class	Starting Time	RS Vareo	0 minutes	RS 200	5 minutes	RS 100	10 minutes	RS 300	14 minutes	RS 500	RS 400	17 minutes	RS 600	19 minutes	RS 800	32 minutes	Classes will normally have separate starts. However, the Race Committee may start classes with few competitors together with another class. This will be described at the briefing.
Class	Starting Time																		
RS Vareo	0 minutes																		
RS 200	5 minutes																		
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	<b>Saturday</b>	<b>Sunday</b>
	A board displayed from the back of the Race Committee Boat may be used to repeat the information in the table above.	
11.3	The location of the start line will be advised at the briefing on November 2 <sup>nd</sup> and will be between staffs displaying orange flags on the starting marks.	The starting line will be between staffs displaying orange flags on the starting marks.
11.4	Boats whose Warning Signal has not been made shall avoid the starting area during the starting sequence for other classes.	
11.5	A boat may start late providing it does not interfere with subsequent starts.	A boat starting later than 2 minutes after its starting signal may be scored Did Not Start without a hearing. This changes rule A4.
11.6	In the event of an <u>Individual Recall</u> , flag X will be lowered after 1 minute. This changes RRS 29.1.  In the event of a General Recall, 1st substitute will be lowered after 1 minute and the recalled class(s) will start 1 minute after their intended start time. Boats must return to the correct side of the start line by going ROUND THE ENDS of the start line and avoid any other boats which may be about to start. Failure to return correctly will result in disqualification without a hearing This changes RRS 29.2.	In the event of a General Recall the order of the starts will be maintained.
<b>12</b>	<b>CHANGE OF A LEG OF THE COURSE</b>	
12.1	Marks will not be changed after the leading boat has passed them for the first time.	To change a leg of a course, the Race Committee will move the original mark (or the finishing line) to a new position without signalling. Rule 33 will not apply. Moving marks during racing will not be cause for redress.
<b>13</b>	<b>THE FINISH</b>	
13.1	The finish shall be precisely two hours after the first start  So far as is possible, a long sound signal will be made by each race support boat and from the race hut adjacent to the clubhouse to indicate the finish of the race.  Each helm should make a record of the boat immediately in front of and boat immediately behind them at the finish time for verification and a signing-off declaration. Forms will be available for this purpose at the briefing which should be submitted to the club office as soon as possible upon coming ashore.  After the finish of the race, boats shall then proceed to the next mark of the course and cross the line between that mark and a nearby race support boat displaying a blue flag. Between the finish of the race and crossing the line, boats shall no longer race and shall attempt to remain in their relative positions so as to maintain the order they were in at the time of the finish.  Failure to finish in this manner or submit a signing-off declaration in a timely fashion may result in being awarded "Did Not Finish".	The Finishing Line will be between staffs displaying blue flags on the finishing marks.
13.2	The course may not be shortened. Rule 32.2 is deleted.	

#### **14 PENALTY SYSTEM**

14.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

- 14.2 Boats may touch a mark other than the starting or finishing mark. A boat shall not manhandle a mark so as to gain an advantage. This changes RRS 31

	<b>Saturday</b>	<b>Sunday</b>
<b>15</b>	<b>TIME LIMITS</b>	
15.1	Not applicable to Pursuit Race	Target race time for the leading boat: 45 minutes  The time limits are as follows: Mark 1 time limit first boat rounding: 30 minutes Time limit for the first finisher: 75 minutes
15.2		If no boat has rounded Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
15.3		Boats failing to finish within 20 minutes after the first boat of that class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
15.4		In order to minimise excessive delays between races, the Race Committee may award a finishing position to slower boats that are still racing based on their position on the course at any point after the first boat in that class has finished. This changes RRS 62.1(a).

## **16 PROTEST AND REQUESTS FOR REDRESS**

- 16.1 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 For each class, the protest time limit is 45 minutes after the last boat in that class has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings are to be held.
- 16.4 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 16.5 A Race Committee boat shall have power to disqualify without hearing any boat they see sailing the incorrect course. This changes RRS 63.1.
- 16.6 For infringements of the rules other than in Part 2 of the RRS, the Protest Committee may award a lesser penalty than disqualification.

## **17 SCORING**

- 17.1 At least the Pursuit Race on Saturday and one race on Sunday are required to constitute a series
- 17.2 For the purposes of prizes within each class:
- 17.2.1 The score from the Pursuit Race will correspond to the position within that class only.
- 17.2.2 When fewer than three races have been completed on Sunday, a boat's series score will be the total of her Sunday race scores and her score from the Pursuit Race.
- 17.2.3 When all three races have been completed on Sunday, a boat's score will be the total of her best two race scores on Sunday and her score from the Pursuit Race.

## **18 SAFETY REGULATIONS**

- 18.1 Personal flotation devices shall be worn at all times whilst afloat and Flag Y will not be displayed. This changes RRS 40 and the preamble to Part 4.
- 18.2 When the Race Committee considers that a boat or competitor is in danger it may instruct the boat or competitor to accept such as help it may deem necessary.

## **19 REPLACEMENT OF CREW OR EQUIPMENT**

- 19.1 Only the helm or helm and crew team named on the entry form will be eligible. The registered helm and crew may swap roles without restriction.

## **20 EQUIPMENT AND MEASUREMENT CHECKS**

- 20.1 A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions, including conformance with the CHECK, CLEAN & DRY procedure in the Appendix to the Notice of Race.

## 21 EVENT ADVERTISING

21.1 Boats are not required to display and specific event advertising material.

## 22 OFFICIAL BOATS

22.1 Committee Boats are displacement boats approximately 6-metres long with a green and yellow hull and a white cuddy. Mark Boats and Patrol Boats will be using RIBs

## 23 TRASH

23.1 When afloat trash may be placed aboard support and race committee boats.

## 24 RADIO COMMUNICATION

24.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## 25 PRIZES

25.1 There will be prizes for the top positions in each class calculated according to instruction 17.2 as follows:

- RS 100 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> for helm
- RS200 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> for helm and crew
- RS300 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> for helm
- RS400 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> for helm and crew
- RS500 1<sup>st</sup> and 2<sup>nd</sup> for helm and crew
- RS600 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> for helm
- RS800 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> for helm and crew
- RS Vareo 1<sup>st</sup> and 2<sup>nd</sup> for helm

Prizes for the RS200 and RS400 fleets may be split into Gold and Silver Fleets at the discretion of the Race Committee.

25.2 There will be prizes for the winner of the RS All Classes Pursuit Race (helm and crew as appropriate). More prizes may be awarded at the discretion of the Race Committee.

## 26 RISK STATEMENT

26.1 Rule 4 of the Racing Rules of Sailing states: "*The responsibility for a boat's decision to participate in a race or to continue racing is hers alone*". Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

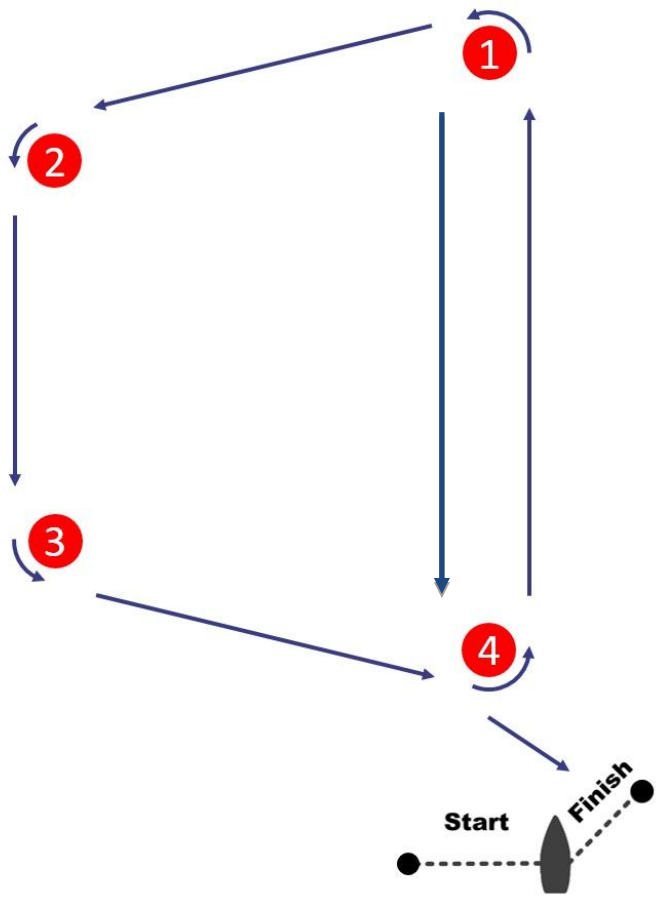
- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- Their boat is in good order, equipped to sail in the event and they are fit to participate;
- The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

## 27 INSURANCE

27.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event.

# Course Diagrams

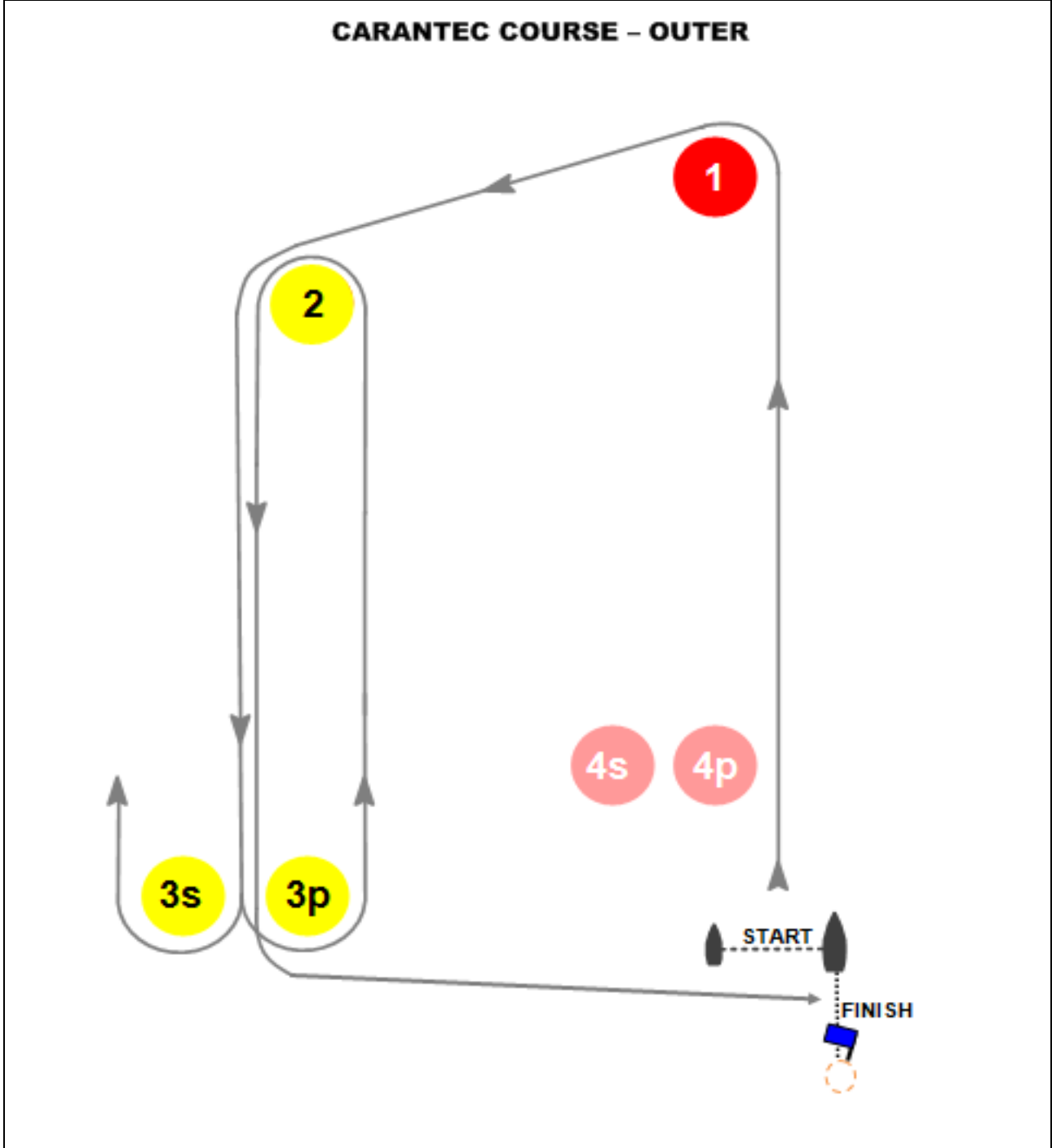
**T/WL Course: Combined trapezoid/windward-leeward**



Signal	Marking Rounding Order
T1	Start - 1 - 2 - 3 - Finish
T2	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - Finish
T3	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - Finish
T4	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - Finish

Signal	Marking Rounding Order
WL1	Start - 1 - 4 - Finish
WL2	Start - 1 - 4 - 1 - 4 - Finish
WL3	Start - 1 - 4 - 1 - 4 - 1 - 4 - Finish
WL4	Start - 1 - 4 - 1 - 4 - 1 - 4 - 1 - 4 - Finish

O	Course: Carantec Course – Outer Loop
Signal	Mark Rounding Order
O1	Start - 1 - 2 - 3p - Finish
O2	Start - 1 - 2 - 3s/3p - 2 - 3p - Finish
O3	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish



<b>I</b>	<b>Course: Carantec Course – Inner Loop</b>
<b>Signal</b>	<b>Mark Rounding Order</b>
<b>I1</b>	<b>Start - 1 - 2 - 3p - Finish</b>
<b>I2</b>	<b>Start - 1 - 4s/4p – 1 - 2 - 3p - Finish</b>
<b>I3</b>	<b>Start - 1 - 4s/4p – 1 - 4s/4p –1 - 2 - 3p - Finish</b>

**CARANTEC COURSE – INNER**

